

# All I Need to Know about Kayaking I Learned from Momma

## Chapter 2

Welcome to another edition of “All I Need to Know about Kayaking I Learned from Momma,” where we apply motherly adages to the world of paddling. Remember the warning, “Never run and chew gum at the same time”? Well, if you’re a kayaker, you can never outgrow this advice because paddling and chewing gum also happen to be a terrible combination.

Chewing gum while paddling is a bad idea because, in the event of a capsize, your first instinct will be to gasp with surprise. You could easily inhale the gum and choke while underwater. It’s difficult enough to keep calm when you flip over unexpectedly, and choking on gum obviously doesn’t help. So before you go paddling, spit out the gum or at least stick it somewhere for safekeeping!

Walking and chewing gum simultaneously may make you a multi-tasker, but paddling while chewing gum only makes you silly. As all Mommas know, there are some choking hazards that you never grow out of. Thanks Momma!

*Stay tuned for more sayings from Mama.*